

INFORMATION ABOUT ALLERGENS

In accordance with applicable European Union regulations, we are obliged to include a list of allergens in our menu. Allergens are not harmful ingredients, they can only cause sensitization in people who are allergic to a given ingredient. We would like to inform you that each of our products or dishes in the Miodowy Młyn restaurant may contain trace amounts of allergens, such as: celery, mustard, soy, eggs, gluten, lactose, milk, crustaceans, molluscs, sesame seeds, nuts, peanuts, fish, products containing sulfur dioxide.

The information presented on allergens was prepared according to: to the best of our knowledge and concern standard products that are not seasonal or promotional products

The information contained herein corresponds to the state of affairs as of the date of printing - March 2024. And they can be changed at any time.

Contact us: Restaurant Miodowy Młyn, street: Legionów 3, 27-500 Opatów, tel. 533 355 393, email: repcja@miodowymlyn.pl

ALLERGENS														
DISHES/PRODUCTS	Cereals containing gluten (1)	Fish and derived products	Crustaceans and derived products	Molluscs and derived products	Milk with lactose and derived products	Eggs and derived products	Mustard and related products	Sesame and derived products	Peanuts and related products	Nuts and derived products (2)	Sulfur dioxide and sulfates	Lupine and its derivatives	Celery and its derivatives	Soy and its derivatives
STARTERS														
Beef sirloin tartare	x					x	x				o		o	
King prawns buttery garlic wine sauce, croutons, lettuce	x	x	x		x	x					o			
Traditional herring from a barrel in a creamy sauce with onion	x	x			x									
SALADS														
Chicken Caesar Salad a la Miodowy Mlyn	x	o			x	x								
Salad 4 cheeses - Smoked cheese with fenugreek, Dor Blue cheese, Mimolette cheese, parmesan flakes, filleted orange, grapes, nuts, pumpkin seeds, selection of lettuces, cucumber, cherry tomatoes, orange-ginger sauce					x		o		x	x	o		x	
Salad with burnt goat cheese and pineapple vinaigrette Charred goat cheese, pineapple vinaigrette, baked caramelized beetroot,selection of lettuces, grapes, pickled cherry tomatoes					x		x			x	x			
SOUPS														
Chicken and beef broth served with noodles	x					x							x	o
Traditional sourdough potato soup from swietokrzyskie region	x				x	x	o						o	
Creamy beet soup with regional cheese with wild forest garlic					x						o		x	
Fish soup with homemade noodles and shrimp	x	x	x		x	x								
Traditional plum soup served with mashed potatoes														
MAIN COURSES														
Roast pork knuckle served with boiled cabbage	x				x		x							
Boneless pork chop on a pan	x					x								
Pork cheeks in roasted beetroot sauce on potato thyme gratin with carrot and horseradish puree	x													
Cured wooden smoked pork ribs served with Rowan Berries and fried cabbage and peas	x						x						x	
Long-braised pork neck with potato pancakes and Ukrainian-style beets	x													
Baked zander, wine and lemon sauce, carrot Jewis style, and tomato salsa	o	x			x	x			x	x	x		x	
Jurassic Salmon steak, pulao rice, mango and avocado salsa		x			x									
Dumplings with goose and chanterelle on cranberry sauce	x				x	x								
Baked spinach dumplings with Dor Blue sauce	x				x	x							o	
Dumplings with red lentils served with sage butter	x				x	x		o	o	o				o
Dumplings with wild rose petals, light cream and cinnamon	x				x	x								
Chicken tagliatelle with spinach and sundried tomatoes in creamy sause	x				x	x							o	
Vegetarian tagliatelle with chickpeas, spinach, fresh tomatoes and nuts in creamy sause	x				x				x	x			x	
Chicken breast grilled on the stones of volcanic lava														
Beef sirloin steak mashed potatoes with wild garlic, crispy vegetables from the pan	o				x								x	
Roast goose stuffed in Old Polish style with an apple from the oven														
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SIDE DISHES														
Potatoes out oft he water					x									
Baked potatoes														
Baked potatoes with shell														
Mashed potatoes	o				x									
Mashed potatoes with wild Garlic	o				x									
French fries														
Sweet potato fries														
Green lettuce with vinaigrette sauce							x							
Fresh cucumber with sour cream					x									
Home-made pickled cucumbers														
Cabbage with peas	x												o	
Selection of salads					x	x	o						o	
Fried beetroot	x				x									
Ukrainian-style beets with garlic and walnuts									x	x				
Vegetables from water					x									
DESSERTS														
Hot traditional apple pie with ice-cream and fudge sauce	x				x	x			o	o				o
Chocolate fondant with raspberries sauce	x				x	x								
Regional plum stewed in coffee and honey, served with mascarpone cheese and salted caramel	x				x									
Ice- cream with fresh fruits, crumbled meringue, raspberry sauce	x				x	o			o	o				o
Lemon tart with Italian meringue	x				x	x								
Pavlova meringue with lemon curd cream with pistachios and fruit					x	x			x	x				
REGIONAL SWEETS														
Traditionally - handmade regional fudge					x									
HOT DRINKS														
Selection of RichMont Teas														
Espresso														

Double Espresso															
Cappuccino						x									
Cafe Latte						x									
Black coffee															
White coffee						x									
Italian ice-cream coffee						x	o								
Lebanese tea with ginger															
Cannabis tea with honey															
Tea made of black mallow flowers with rose petals															
Tea with passion fruit syrup															
Ginger tea															
Cloves & cinnamon tea															
Tea with rum															
Hot chocolate with whipped cream and marshmallows						x									
Hot chocolate with rose and whipped cream						x									
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COLD DRINKS															
Frappé coffee					x										
Baileys coffee					x										
Opatowianka mineral water															
Buskowlanka Mineral water															
Pepsi, Pepsi Max, Mirinda, 7 up															
Schweppes															
Lipton Ice Tea															
Selection of Fruit Juices															
Jug of juice (orange, apple, blackcurrant)															
Jug of still mineral water															
Lemonade lemon-orange															
Regional, natural drinks with propolis															
Beer Żywiec	x														
Regional beer Wieśniaczka Świętokrzyska	x														
Regional beer Browar Bałtów	x														
Beer Heineken	x														
Beer Kozel	x														
Beer Warka	x														
Beer Desperados	x														
Beer syrup															
Beer honey															
MEADS															
Trójniak Piastowski											x				
Dwójniak Kurpiowski											x				
Półtorak Jadwiga											x				
Polish Mulle											x				
Galician Mulled											x				
Raging Bee Mulled											x				
Wine Mulled											x				
ALCOHOLS															
Rum Bacardi															
Vermouth Martini											x				
Gin Lubuski															
Tequila Olmeca															
Vodka Baczewski	x														
Vodka Finlandia	x														
Vodka Stumbras	x														
Vodka Stock	x														
Vodka Bols	x														
Vodka Wyborowa	o														
Vodka Żołądkowa Gorzka	o														
Vodka Żubrówka															
Liqueur Malibu					x	o			o						x
Liqueur Kahlua															
Liqueur Jägermeister															
Liqueur Baileys Irish Cream					x										
Liqueur Campari															
Liqueur Cointreau															
Liqueur Amaretto										x					
Whiskey Jack Daniel's	o														
Whiskey Johnnie Walker															
Whiskey Jameson															
Whiskey Ballantines	x										x				
Whiskey Grant's															
Whiskey Jim Beam	x														
Whiskey Chivas															
Cognac Stock 84															
Cognac Hennessy															
Cognac Metaxa															

o **May contain**

- (1) Cereals containing gluten, i.e. wheat (including spelled and khorasan wheat), rye, barley, oats or hybrid varieties
- (2) Nuts: almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios and pistachio nuts, macadamia nuts or Queensland nuts

Note: The information presented on allergens was prepared on the basis of the manufacturer's declaration of the products used